

Wellness Committee Meeting
November 16, 2017
7:30 am

Attendance: Gene Short, Brock Hampton, Travis Tesone, John Lambert, Glenna Grinstead

Agenda:

Review of the Wellness Impact Tool
Selection of the goals for 2017-18

Meeting Notes:

After reviewing the Wellness Impact Tool, the committee chose two primary goals to work toward this year.

1. We would like to start a Summer Meal Program.
2. We would like provide clear/translucent water bottles to each student for water throughout the day.

The group also chose a secondary goal to work toward this year.

1. We would like to start a Walking Club after school for the stall wellness activities.

The committee also discussed the addition of a professional development inservice or activity for the 2018-19 school year.

Implementation Plan for Goals

Primary Goal 1 Summer Meals:

1. Glenna Grinstead will attend a SFSP Summit to gather information and devise a plan.
2. Form a committee to discuss the setup of the program, volunteerism, program design, site coordinator position, etc.
3. Find a site coordinator
4. Fill out application working with the site coordinator, Shelley White, and Glenna Grinstead
5. Search for and apply for grants as needed.
6. Begin implementation

Primary Goal 2 Water Bottles:

1. Find a sponsor.
2. Find clear/translucent water bottles that can be printed on if needed.
3. Purchase
4. Develop an implementation plan (washing, keeping at school, etc.)
5. Hand out to students.
6. Follow the plan.

Secondary Goal 1 Walking Club:

1. Talk to two employees who often walk after school about possibly talking the lead on the club.
2. Provide location and projector as needed (walking videos).
3. Advertise to the staff.
4. Monitor participation.