

Wellness Committee Meeting
February 16, 2017
7:30 am

Attendance: Brock Hampton, Gene Short, John Lambert, Glenna Grinstead

Agenda:

- Review the Wellness Impact Tool
- Discuss placement for each guideline
- Select goal(s)

Notes:

The committee discussed allowing marketing for food and beverages in the school. In the past we had allowed some. CocaCola is advertised on the gym scoreboard, but we cannot remove that. We have decided to not allow marketing in the school for foods and beverages.

The committee addressed the fact that we have not been providing the community and students with information on health and nutrition as well as information on physical activity. We wanted to work on that for next year.

Implementation Plan:

1. Do not allow marketing in the schools if at all possible to avoid.
2. Look into options for communicating with the community and students. Some possibilities include the Nutrition Nuggets we have used in the past.